

# **St. John Fisher Preschool Handbook 2022-2023**



## **Class Hours**

**Part Time Preschool 7:55a.m. - 11:15 a.m.**

**Full Day Preschool 7:55a.m. - 2:55 p.m.**

### ***Staggered Start Times:***

***Last Name A- L can arrive at 7:45 a.m.***

***Last Name M-Z can arrive at 7:50 a.m.***

## Supplies

Most school supplies, including crayons, pencils, a folder and glue, will be provided for your preschooler. The following are supplies we ask each child to bring to school anytime during the first week. Thank you so much for your help!

*Large, easy to open backpack to carry home creations/school mail*

*3 rolls of paper towels*

*1 Pkg. Paper Plates (Boys – regular, Girls – small)*

*1 or 2 Hand Sanitizers*

*3 Packages of baby wipes*

*3 Packages Clorox Wipes*

*1 Box of Kleenex*

*1 Package Gallon or Quart size Ziploc Bags*

*1 Package sandwich size Ziploc bags*

*Labeled headphones (please no ear buds)*

*Full Change of Clothes to stay at school in case of accident or spill  
(shirt, pants, underwear and socks clearly labeled in a Ziploc bag)*

## Clothing

Preschoolers should dress suited to active and sometimes “messy”

play. Please keep in mind that children are expected to use the bathroom by themselves.

One-piece overalls, tights and belts can be difficult for some students. Gym shoes/closed-toe shoes are best since the preschoolers are up and down the stairs as well as on the playground during the school day. It would be very helpful if children please only wear shoes that have no laces. Velcro gym shoes or slip-on, enclosed shoes would be

wonderful! It would also be helpful if you could label clothing that might be left behind, such as sweaters, hats, jackets, boots, etc.



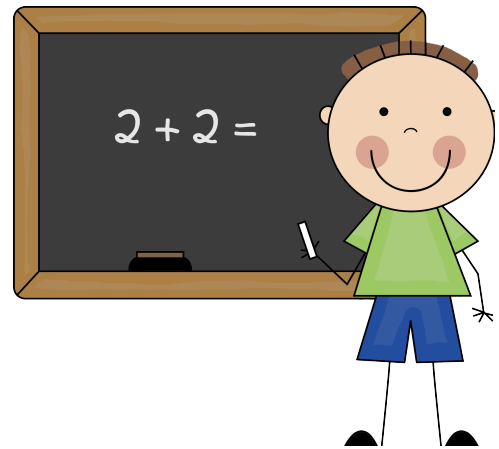
## Bathroom

Children must be fully potty trained in order to attend Preschool. If a rare accident occurs at school, the child's parents will be called. Each child will keep a change of clothes at school in the case of a bathroom

accident or a lunchtime/snack spill. Please send a full change of clothes (shirt, pants, underwear, socks.) in a large Ziploc bag with your child's name clearly labeled on it to stay at school throughout the year.

### **Snack/Lunch**

Both the part-time and the full day preschoolers have a short snack time each day. Please send a small, nutritious snack along with a juice or water bottle each day for your child. If sending a reusable water bottle, please label your child's name and make sure it is an easy to open and close lid. Full Day Preschoolers will also need a lunch each day. It would be so helpful if you could please place your child's snack in a separate bag or pocket of their bookbag than their lunch. Since the Preschoolers eat lunch in our classrooms daily, it is not possible to order the school wide daily hot lunch program. The full day Preschoolers are however able to order the once a month Special Lunch (Forms will be sent home the first month of school.)



### **Allergies**

If your child has or develops any specific allergies please be sure to notify the teacher in writing.

### **Toys**

Thankfully, we have more than enough toys to play with at Preschool! Please keep toys from home at home. Thank you for your help!

### **Arrival**

Please do not arrive more than five minutes before class starts. Mrs. Altman and Ms. Fadden's classes will meet at the west side doors underneath the bridge. Ms. Surin, Mrs. Rech and Ms. Power's classes will meet at the doors just off of Fairfield and directly across from the convent/playground.

## **Dismissal**

If you know that you are going to be detained, please notify the school office so we can reassure your child. If you will not be picking up your child, please let us know beforehand who to expect or if they are to attend Extended Day. Preschoolers will be dismissed one at a time to their parent or caregiver from the same doors they arrive in.

## **Extended Day**

Before and after care is available to all preschool students through our Extended Day Program. You will need to let your child's teacher know in writing if your child will be attending Extended Day.



## **Rest Time**

The Full-Day Preschoolers have a rest/nap time each afternoon. Each child will have their own cot to use each day and may bring one small, thin blanket/lovey. Please only send blankets/loveys that can stay at school daily. All rest time belongings will be sent home periodically on Fridays (or Thursdays if T/W/TH student) to be cleaned.

## **Birthdays**

Children's birthdays are special days! We are looking forward to celebrating each child's birthday in school. If you wish, you may send in a birthday treat for the entire class. Treats must be store bought and not homemade.

## **Attendance**

Regular attendance at school is very important. However, especially this year with the concern of COVID, if your child is sick or showing signs of potentially being sick, **please** keep them home. Per the school handbook, parents are required to keep children home if there has been an episode of vomiting, fever, rash or diarrhea in the 24 hours before the school day begins. We are counting on and thank you for your help and cooperation in ensuring a healthy year for all our little ones and their families!

## **Preschool Activities**

Preschool activities will include...

- \* Free Play
- \* Religion/Bible Stories
- \* Computer/iPad Usage
- \* Outdoor Play
- \* Finger Play
- \* Fine Motor Skills
- \* Snack/Lunch Time
- \* Science Activities
- \* Calendar Activities
- \* Math Readiness
- \* Language Arts
- \* Gross Motor Skills
- \* Story Time
- \* Creative Art
- \* Songs & Movement
- \* Journals

Our preschoolers will also attend certain specials classes throughout the week depending on their days of attendance. Your child's teacher will be sending home the class specials schedule soon!

## **Ways to Help At Home**

To prepare your child for preschool, you can help in the following ways.

- \* Teach your child to dress him/herself (Putting on shoes, zipping their coats, button their pants, etc.)
- \* Guide your child to show independence in taking care of his/her own toilet needs.
- \* Be sure your child knows his/her full name.
- \* Have a cheerful, positive attitude when the child leaves either at home or school with "Goodbye, I'll see you later!"
- \* If your child cries upon being dropped off at school, please do not remain too long. If your child continues to cry and does not calm down, we promise we will give you a call. The school adjustment is rapid once the parent leaves and the day's activities begin. Prolonged goodbyes make transitions difficult.



*The St. John Fisher Preschool believes that the parents are the first and most significant teachers in the child's life. A good partnership between the parent and the teacher is a necessity for the optimum growth of the child. The preschool experience should be exciting and happy for both the child and the parent; Therefore, good communication between parents and teachers is essential. Parents are encouraged to share all information that could help in making the child's experience a better one! Please stay tuned for information and pictures of all the exciting things we are up to!*

