

# The Beatitudes – simplified to share with children....

(Matthew 5: 3-10)



- 1.) **Blessed are the poor in spirit, for theirs is the kingdom of heaven.** This relates to those who trust in God and ask for His help and put God above material things. (they say, "I can't do it alone, I need God's help") This one sums up all the rest...**PUT GOD FIRST** allows us to live the other beatitudes as well! *Prayer: Jesus, help me to grow in my trust in you.*
- 2.) **Blessed are they who mourn, for they shall be comforted.** Mourning is when we're really sad about something. When we are sad for whatever reason, we can be happy because we can feel God's loving arms around us through our family and friends. *Prayer: Jesus, help me to be there for others who are grieving or sad.*
- 3.) **Blessed are the meek, for they shall inherit the earth.** To be MEEK is to be patient, and not acting angry or thinking only of ourselves. When we let go of anger and hurts, wonderful things take place in their lives. Use self-control and stay positive. *Prayer: Jesus, help me find strength in God and prayer.*
- 4.) **Blessed are those who hunger and thirst for righteousness, for they shall be filled.** To want to do the right thing is to be hungry for "honesty". We need to try really hard to be good and do good and to be fair. If we are, our lives will be filled with good friends and family. (fight for justice) *Prayer: Jesus, place in my heart a deep desire for doing the right thing and for standing up for what I know is right.*
- 5.) **Blessed are the merciful, for they shall obtain mercy.** To have Mercy is to be loving and kind to others. This doesn't mean just being loving and kind to your family and friends but also to those you don't know or may not like. *Prayer: Jesus, help me to be kind and merciful to others.*
- 6.) **Blessed are the pure in heart, for they shall see God.** Being pure of heart is having a clean heart. The heart inside of us pumps blood and keeps us alive and if something is wrong with our heart, we won't work right. Jesus is talking about the place where we think and make decisions, why we do things, and our thoughts. If we keep our mind, thoughts and decisions good, God says we'll understand Him more. *Prayer: Jesus, help me to be pure of heart in all my dealings with others.*
- 7.) **Blessed are the peacemakers, for they shall be called the children of God.** Someone who helps make peace and helping others get along is a peacemaker. Being God's child would mean that you are really a part of God's family and that you're starting to be more like Him. *Prayer: Jesus, help me to be peaceful and bring peace wherever I go.*
- 8.) **Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.** God knows that it's hard not to live the way the world acts. By doing the opposite of the world tell us (go for money and don't care about others) we will be made fun of because people don't understand why we don't do things only for ourselves. Doing the right thing isn't easy but God wants us to know that the kingdom of heaven is there for us if we can get through the tough times in this life. *Prayer: Jesus, help me to stand up for what is right, true and just.*

Name \_\_\_\_\_ Date \_\_\_\_\_

## Rewriting the Beatitudes

**Directions:** Rewrite each of the Beatitudes in your own words.

The Beatitudes	My Own Words
Blessed are the poor in spirit, for theirs is the kingdom of heaven.	
Blessed are those who mourn, for they shall be comforted.	
Blessed are the meek, for they shall inherit the earth.	
Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.	
Blessed are the merciful, for they shall obtain mercy.	
Blessed are the pure in heart, for they shall see God.	
Blessed are the peacemakers, for they shall be called sons of God.	
Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.	
Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven.	